

To make Adjustable Knots:



Tie the right strand to the left, & then the left strand to the right to make two

knots, making your bracelet adjustable.
(this will not work with elastic strings)

steps to tie right strand to the left:



Right strand
over left



Loop right strand
back under left



Right strand up
over itself



Loop right strand
back under & up

Now you can pull the right strand to make knot tight & clip end of right strand about 1/8 inch from knot. Leave left strand long.



To tie the second knot, just repeat steps, just tie the LEFT strand to the RIGHT (instead of the right strand to the left).